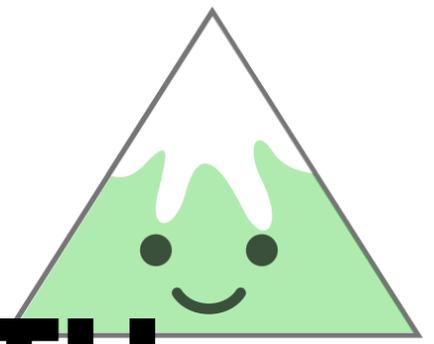


SQUAMISH KID & YOUTH MENTAL HEALTH



In addition to your school counsellors, there are many resources for child & youth mental health in Squamish.

** Please note: this list is not comprehensive & no specific recommendations are being made*

COMMUNITY RESOURCES

Contact these places to inquire about services

Child & Youth Mental Health (MCFD)

604-892-1400 | [www](http://www.mcf.ca)

Drop in intake for parents: Tuesdays 9 - 11:30am; Wednesdays 1 - 3:30pm
"A variety of services: including Child/Youth Mental Health, Special Needs..."

Sea to Sky Community Services

604-567-9089 | community@sscs.ca | www.sscs.ca

"...provides over 40 social service programs."

Howe Sound Women's Centre

604-892-5748 | www.hswc.ca

"...Counselling & groups for ages 3-18 who have experienced violence &/or abuse in the home (or) are going through a difficult separation or divorce..."

PRIVATE COUNSELLORS

Local Registered Clinical Counsellors who work with kids & youth

** all listed RCCs have met the requirements outlined by the BCACC;
no specific recommendations are being made*

Elementary School Age (& up)

Jamal Ahmelich, MA, RCC

604-562-8854
www.tenacitycounselling.ca
info@tenacitycounselling.ca

Works with: ages 6 +
For help with: anxiety, depression, social issues, anger, ADHD

Danielle Berman, MSW, RCSW, RCC

604-265-6876
www.danielleberman.com
info@danielleberman.com

Works with: ages 6 +
For help with: self-esteem, depression, anxiety, anger, grief / loss

Allison Green, MC, RCC

778-970-0033
www.grasshoppercounselling.com
info@grasshoppercounselling.com

Works with: ages 5 - 16
For help with: anxiety, challenging behaviour, depression, grief / loss, ADHD

Julie Paquette, MSC, RCC

604-848-1188
www.juliepaquettecounselling.com
jpcounselling1@gmail.com

Works with: ages 6 +
For help with: anxiety, social skills, depression, managing emotions, self-esteem

Middle & High School Age

Julie Miller, MSW, RSW, RCC

604-377-0682
www.three-peaks.ca
julie@three-peaks.ca

Works with: ages 12 +
For help with: eating disorders, body image, self-esteem, grief / loss, relationship conflict

Jody Radtke, MA, RCC

778-266-2808
www.innaturecounselling.com
jody@in-nature.net

Works with: ages 12 +
For help with: anxiety, identity (sexuality / gender), grief / loss, self-esteem, life direction

Kristin Trotter, MA, RCC

604-848-4076
www.kristintrotter.com
info@kristintrotter.com

Works with: ages 12 +
For help with: sexual orientation, gender identity, anxiety, depression, relationships

Carlee Baker, MA, RCC

604-815-3661
www.carleebakercounselling.com
info@carleebakercounselling.com

Works with: ages 16 +
For help with: grief/loss, anxiety, trauma, self esteem, stress

Jade Honce, MA, CCC, RCC

604-849-2949
www.jadehonce.com
jadehonce@gmail.com

Works with: ages 16 +
For help with: trauma, sexual abuse / assault, anxiety, depression, self-esteem

Nicole Thomson, MA, RCC

604-849-3228
www.presentmomentum.ca
contact@presentmomentum.ca

Works with: ages 16 +
For help with: anxiety, ADHD, procrastination, career counselling, motivation/ goal setting

[Click here to access the most recent version of this list, or suggest additional resources](#)