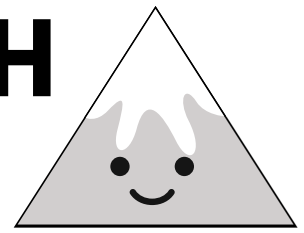


SQUAMISH KID & YOUTH MENTAL HEALTH



In addition to your school counsellors, there are many options for local mental health support in Squamish.

** Please note: this list is not comprehensive & no specific recommendations are being made*

COMMUNITY RESOURCES

Contact these places to inquire about services

Child & Youth Mental Health (MCFD) | 604-892-1400

Drop in intake for parents: Tuesdays 9 - 11:30am; Wednesdays 1 - 3:30pm
"A variety of services: including Child/Youth Mental Health, Special Needs..."

Sea to Sky Community Services | 604-567-9089 | community@sscs.ca | www.sscs.ca

"...provides over 40 social service programs."

Howe Sound Women's Centre | 604-892-5748 | www.hswc.ca

"...Counselling & groups for ages 3-18 who have experienced violence &/or abuse in the home (or) are going through a difficult separation or divorce..."

PRIVATE COUNSELLORS

Local Registered Counsellors who help kids & youth

** all listed RCCs have met the requirements outlined by the BCACC; no specific recommendations are being made*

Jamal Ahmelich, MA, RCC | 604-562-8854
tenacitycounselling.ca | info@tenacitycounselling.ca

Works with: ages 6 +
For help with: anxiety, depression, social issues, anger, ADHD

Carlee Baker, MA, RCC | 604-815-3661
carleebakercounselling.com | info@carleebakercounselling.com

Works with: ages 16 +
For help with: grief/loss, anxiety, trauma, self esteem, stress

Danielle Berman, MSW, RSW, RCC | 604-265-6876
danielleberman.com | info@danielleberman.com

Works with: ages 6 +
For help with: self-esteem, depression, anxiety, anger, grief / loss

Allison Green, MC, RCC | 778-970-0033
grasshoppercounselling.com | info@grasshoppercounselling.com

Works with: ages 5 - 16
For help with: anxiety, challenging behaviour, depression, grief / loss, ADHD

Jade Honce, MA, CCC, RCC | 604-849-2949
jadehonce.com | jadehonce@gmail.com

Works with: ages 16 +
For help with: trauma, sexual abuse / assault, anxiety, depression, self-esteem

Julie Miller, MSW, RSW, RCC | 604-377-0682
three-peaks.ca | julie@three-peaks.ca

Works with: ages 12 +
For help with: eating disorders, body image, self-esteem, grief / loss, relationship conflict

Julie Paquette, MSC, RCC | 604-848-1188
juliepaquettecounselling.com | jpcounselling1@gmail.com

Works with: ages 6 +
For help with: anxiety, social skills, depression, managing emotions, self-esteem

Jody Radtke, MA, RCC | 778-266-2808
innaturecounselling.com | jody@in-nature.net

Works with: ages 12 +
For help with: anxiety, identity (sexuality / gender), grief / loss, self-esteem, life direction

Kristin Trotter, MA, RCC | 604-848-4076
kristintrotter.com | info@kristintrotter.com

Works with: ages 12 +
For help with: sexual orientation, gender identity, anxiety, depression, relationships

Nicole Thomson, MA, RCC | 604-849-3228
presentmomentum.ca | contact@presentmomentum.ca

Works with: ages 16 +
For help with: anxiety, ADHD, procrastination, career counselling, motivation/ goal setting